

Lady Mac: Instructions for Score/Clock

Referees - High School Rules: except Running clock except during time-outs or free throws. Two 30 sec. timeouts per half-they do not carry over. **Coaches should use good judgment and not press** if you are up **more than 15 points** ahead.

Clock:

1. **5 Minute Warm Up**
2. 10 Minute Running Quarters
3. If the game is within 15 pts. Clock will stop **last 1 minute of second quarter and last two minutes of fourth quarter.**
4. **3 Minute Halftime**
5. Each team will have two 30 sec. timeouts per half-they **do not carry over**
6. Over Time – 1st OT - 2 min. and **2nd OT - Sudden Death**
(1- 30 second time out added for each over time period)
7. **Using New Free Throw Rule** – **5 Fouls** per quarter (2 free Throws awarded on 5th foul and any foul after). **Fouls reset each quarter!!!**

Score Keeper

1. Have Coaches fill out their roster on score sheet.
2. Record all fouls, baskets, free throws and time outs
(Each team will have two 30 sec. timeouts per half-they do not carry over)
3. Leave score sheet on table for worker to pick up.